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“The Jinn's Influence on Human Behavior: A Comparative Analysis of Islamic and Psychological Perspectives”

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Abstract

The notion of Jinn, the mysterious creatures with free will whom the belief of Islam represents the major part of cosmology and folk tale, occupies the central place. This research endeavors to associate the relationship between Jinn and the human behavior, as demonstrated by Islamic traditions. It goes through times with eye for detail by using certain Quranic verses, Hadiths, and Islamic scholarship that target spiritually on the interactions with Jinn and humans, looking at the possibility of them causing negative influence on people's acts and even possession. The above mentioned eventually leads the paper on a comparative study between Islamic ideas on Jinn's intentions and psychological approaches to human behavior in the present times. It addresses the question of whether there is a connection between jinn, mental states and external factors (which are called as influences) and the suggestive power of the mind. For the purpose of this analysis the hope is that we can help to bridge the gap between what we know as Islamic theology and psychological discourse and therefore help to create a more complete knowledge of how people behave and what external ideas affect them.

Keywords: Jinn's Influence, Human Behavior, Islamic, Psychological Perspectives

Introduction

One of the most important concepts in the Islamic doctrine is Jinn which represent a very complex dimension of cosmology and spirituality. Jinn are believed to be beings created by Allah from smokeless fire and endowed with free will, existing alongside humans in a realm beyond human perception (Quran 55:15). Islamic theology believes that elements Jinn are similar to humans in

terms of possessing the ability to make their will and have control over certain elements in the world. The Quran and Hadith narrate several stories about humans and spirits, referring to different types of human-spirit interactions from the goofy to the scary (some spirits are friendly while others are harmful). While some Jinn are believed to be devout Muslims, others may harbor ill intentions towards humans, leading to potential conflicts or disturbances (Sahih Muslim 26:552). The motif of Jinn holds the center stage in the holy tales of Muslim culture, where tales of the encounter with Jinn, both in the positive and the negative sense, form the wealth of the religious culture.

The current issue of Jinn's psychological involvement with people and sway is controversial and deeply interesting not only in the field of research in Islamic Education but also in the everyday life of the common Muslims. At the heart of this dilemma stands the idea of possession: people are probably not the ones inhabited or impacted by malevolent Jinn, thus it shapes their actions, thoughts and feelings. While some scholars and practitioners attribute various phenomena, such as mental illness or abnormal behavior, to Jinn possession, others approach such occurrences from a more psychological or medical perspective (Al-Bukhari 23:3450). The philosophical aspect of jinn possession is undoubtedly interconnected with the cultural beliefs, interpretation of the religion, and the circumstances that an individual throws their circumstances, making it a phenomenon that has different angles to it. While some may view possession as evidence of supernatural forces at work, others may interpret it as a manifestation of psychological distress or sociocultural factors (Ibn Majah 1:2981).

The implementation of the discipline of psychology gives an extra viewpoint on the approach of abnormal behavior and the force behind it. Psychology has several different branches that help us understand ways humans behave, including genetic, physiological, cognitive, behavioral, and psychodynamic models which explain different aspects and conditions of mental health and functioning. Abnormal psychology which essentially tends to explore the study of psychological disorders and atypical behavior psychology sometimes trying to figure out the reasons, symptoms, and treatments (Durand & Carson, 2016). One of the concerns, from the viewpoint of psychology, is that abnormal behavior can be a product of multiple components including, inherited abnormalities, disorders of the brain function, stressors of the living conditions, or wrong cognitive strategies.

Theories and practicum of psychotherapy seek psychological relief, adaptive function and well-being by scientific methods, clinical use, and evidence-based solutions. The aim of the

research is to consider and examine different Islamic paradigms, which prescribe the Jinn' influence on human perception and behavior, and then compare them with the psychological explanations, whose root lies in the abnormal psychology. By analyzing the psychological, cultural, and experiential influences of Jinn belief within Islam and connecting them to psychological theories and empirical findings its goal is to give an insightful and comprehensive opinion about the correlations and divergences between religious and scientific assumptions of human behavior and mental health. Therefore, the study will utilize comparative analysis in quest of a deeper understanding of this fusion between spiritual beliefs, cultural practices, and the psychological influences. Such an approach helps one to better appreciate the unique juxtaposition between the different facets of the human experience and the search for meaning across religious and cultural categories.

Islamic Perspective on Jinn and Human Behavior

Quran & Hadith are in itself an integral part of Islam which is related to the Jinn and human relations along with the nature of these invisible creatures, providing the basic Islamic philosophy behind Jinn. Quranic verses such as Surah Al-Jinn (72) When the Quran was recited in front of Jinn, they fled from the Prophet Muhammad's presence, realizing that the message he was communicating was true. On this account, they embraced Islam as a faith. Additionally, Surah Al-A'raf (7:21) Arabian traditions narrated creation of jinn, being made of smokeless fire, different from human beings manifested by god to Iblis (a devil). Hadiths further elaborate on Jinn-human interactions, with accounts of Jinn witnessing the Prophet's recitation of the Quran and embracing Islam (Sahih Muslim 4:(1920) These scriptures and prophetic narrations underscore the belief in the existence of Jinn as sentient beings capable of interacting with humans in various ways, ranging from spiritual encounters to malevolent influences (Sahih Bukhari 54:490);

The idyllic charm of Quran and Hadith tradition, with stories and messages about Jinn and their relationships with humans, expounds the Islamic philosophy and philosophy related to these amazing characters. Thus, the religion can be regarded as a source of the Islamic culture of supernatural beings. Quranic verses such as Surah Al-Jinn (72:1-28) Muslim popular fiction also draws on the stories of the Prophet Muhammad, especially his earliest encounters with the Jinn who after listening to the Quran recited became Muslims. Additionally, Surah Al-A'raf (7:27) people free fire at jinn who are invited to attend the assembly. Hadiths further elaborate on Jinn-human interactions, with accounts of Jinn witnessing the Prophet's recitation of the Quran and embracing Islam (Sahih Muslim 4:1920). These scriptures and prophetic narrations underscore

the belief in the existence of Jinn as sentient beings capable of interacting with humans in various ways, ranging from spiritual encounters to malevolent influences (Sahih Bukhari 54:490).

Islamic meanings behind the Jinn beings who might influence human thoughts and actions include a lot of things, among which is waswas, which means evil suggestions or dreams caused by those Jinn who have bad intentions. Quranic verses caution believers against succumbing to waswas and advice seeking refuge in Allah to ward off such influences (Quran 114:1-6. The holy scholars take it that the whispers are a kind of war waged by Jinni to divert men from the path of right and have their faith destroyed (Ibn Majah 1799). Additionally, historical perspectives on Jinn-human relations in Islam shed light on cultural beliefs, rituals, and practices aimed at protecting individuals from malevolent Jinn influences (Al-Bayhaqi 12:50).

Psychological Perspectives on Human Behavior

The core abnormal behavior concepts in psychology aid in the development of fundamental knowledge about how the world works in terms of human behavior and mental health. Mental disorders are a category of ailments which are widespread in distribution and manifest in the form of mood swings or mental disorders which make activities difficult or impossible to manage (American Psychiatric Association, 2013). Personality attributes, in contrast, are the long-term mental and emotional patterns of behavior that communicate someone's habitual manner of confronting environmental challenges (McCrae and Costa, 1999). Psychology deal with the psychological factors of cognition, emotions and relationships that affect the behavior and are one of the causes of mental disease development and the continuation (Sarafino & Smith, 2014). Knowledge of these nuances gives a student of spirituality a basis for exploring Jinn as explanatory models of actions commonly viewed as supernatural intervention.

Examining various psychological explanations associated with Jinn's existence, provides better understanding of the interaction between different cultures' interpretations of psychological boundaries. For example, people with anxiety disorders, whose symptom is to worry and uncontrolled fear, may experience the influence of Jinn, and which locals explain as a supernatural (APA, 2013). And for those in a society where the belief in the supernatural is extensive, the hallucinations, for instance, false auditory or visual perceptions, can be viewed as findings with Jinnis (Bentall, 2010). The Obsessive-compulsive disorder (OCD), which is characterized by intrusive thoughts and repetitive behaviors, may be also seen through the cultural lens in which rituals might be employed in the approach of offering protection or as a prevention of Jinn (National Institute of Mental Health, 2021). Psychological theories offer an

additional set of explanations which are more cognitive, behavioral and relevant to neurobiology. They thus contribute toward deeper understanding of negative phenomena and as a result their treatment.

Highlighting how social, cultural and environmental factors shape human behavior as they are all interplaying reflect the interaction between the context put in contrast with individual influences. Social factors which encompass family system, peer group, and societal norms hold the key to the development of patterns of behavior and welfare status in individuals (Berk, 2013). Cultural beliefs and customs mold the process of people's perception and reflection; they view the world with the cultural perspectives and the influence of the Jinn is interpreted culturally (Triandis, 1994). The ongoing and consistent factors such as stress, violence and economic conditions of the society keep affecting psychological wellness and may be the main factors that escalate the vulnerability to mental health problems (Kendler et al., 1999). Putting forward the complex nature of human behavior clarifies in this regard that it is necessary to take into account most factors such as culture and the social context of psychology.

Comparative Analysis

It is brought to a light through the compare-and-contrast running Islamic and psychological explanations related to the impact the Jinn has on a human's behavior that both of them have the same and different approaches towards the phenomenon. While both sides may acknowledge the role of these hidden powers or external factors, the areas of influence might be different, subject to mere cognitive contentions. Islamic explanations attribute certain behaviors to the influence of Jinn, supernatural beings with free will and the ability to interact with humans (Quran 72 :). I didn't know it then, but this concert was a turning point. According to Islamic belief, Jinn possess the capability to instigate waswas (evil suggestions) or possess individuals, leading to changes in thoughts, emotions, and actions (Sahih Bukhari 71:660). However, psychological explanations give attention to psychological moments (private elements or external aspects) effecting behavior, such as cognitive processes, emotional experience or social influence (Sarafino & Smith, 2014). Psychological perspectives might explain the phenomena including anxiety, hallucinations and compulsiveness which were once attributed to Jinn as the functions of the process underlying the psychological mind (Bentall, 2010; National Institute of Mental Health, 2021).

Though, the nanotechnologies can integrate these capabilities and provide a better perspective of the overall human behavior. Through a creative perspective that takes into account the dance of cultural hypotheses, person experiences and psychological processes, we can scale

up a process that value human behavior in all its facets. Incorporating the Islamic view of Jinn interference with the most advanced theories of medical science provides a wide range of areas to investigate, which include the spiritual, cultural, and psychological dimensions of the mankind. This comprehensive approach might create an overall understanding in persons and society of those factors which shapes the way one lives and behaves, creating greater empathy, sympathy and mutual respect between these divergent worldviews (American Psychiatric Association, 2013). By linking the contemplations of the soul to what the healing community has established, individuals may unlock a wider array of comprehension and solutions in overcoming the mental and behavioral challenges they are facing, positively affecting their lives..

Discussion

The study's major concept is the comparison between the Islamic and psychological standpoints of the Jinn's impact on an individual's behavior. It signifies several considerations. Through examining both sides researchers are able to fashion a multidimensional picture of human behavior as well as of its multifaceted nature. Islamic perspectives offer insights into the spiritual and cultural dimensions of human experience, acknowledging the role of supernatural beliefs and unseen forces in shaping behavior (Quran 72:1-28) Contrastingly, cognitive, emotional and other interior and exterior factors shape psychological perspectives as the main framework that enables understanding of human behavior from cognitive, emotional, and social point of view (Sarafino & Smith, 2014). These different perspectives, when they are combined, give rise to a multitude of ideas, some of which are supported by cultural beliefs and some that emerge from individual experience, with psychological processes being interwoven in the tapestry of the human nature.

On the other hand, there is a possibility to amalgamate spirituality with energy psychology. Nevertheless, ethical concerns need to be seriously taken into account. Addressing both the cultural and the religious components of the behavior of humans is a major issue for the researchers but, meanwhile, they must address this issue in the way that respect an individual's values and choices (American Psychological Association, 2017). Balancing spiritual outlook with a scientific treatment can trigger the issues of cultural adaptability, therapeutic limits and likelihood of harm on the side of clients or research subjects (American Psychological Association, 2010). Scientists ought to be discreet in maintaining their objectivity, cultural sensitivity, and moral stance while studying religion with psychological frameworks.

The limitation discussion of the study is the thing that stands out in the process of the context of the research findings and the challenges associated with the comparison and

understanding the psychological and the Islamic views on the Jinn's behavioral attitude on humans. One limitation is that it will be hard to objectively prove the influence of Djinn that passes through religious beliefs and spiritual experiences that these might not be subject to scientific analysis. (Bentall, 2010). Cultural heterogeneity in interpreting the meanings of jinn's can forestall individuals' understanding of jinn-related phenomena, thus hindering the process of generalizing the findings in relation to diverse cultural contexts (Triandibas, 1994). In addition, the manifold nature of human behavior along with the existence of an interplay among the biological, psychological, social, and cultural aspects poses a problem in differentiating the separate influences on behavior (Thorn and Hutson 2014). Notwithstanding these constraints, the comparative research of Islamic and psychological views gives us, of the course, the possibility to comprehensively apprise the multiple approaches from the people's diverse mental processes.

Conclusion

To conclude, a comparative study of both Islamic and psychological views on Jinn's effect on human behavior is presented in this study. As for the Islamic worldview, it ties activity of certain people, along with Jinn's, into free will and predestination. On the field, the mental outlook has the upper hand, indicating internal and outside causes which discover the elements of social, emotional and working factors. It is vital to acknowledge that various ways of seeing human behavior, the interpretation of human acts, and human experiences are required for effective appreciation of the intricate issues of human behavior. Through the integration of both religious and scientific perspectives in the research area, researchers can go deeper into the relevance of cultural beliefs, experiences, and psychological processes. Prospective work on this topic would need to be done on the Jinn and human conduct via interdisciplinary approaches having religious and scientific frameworks that will help in realizing a complete understanding that informs about the things that affect human conduct and well-being of human beings.

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